



LBT JUNIOR AUTUMN NEWSLETTER

Welcome to the autumn newsletter. First I would like to say thank you to the parents who help out, without you all it would make the job very difficult. You must agree that there is a buzz around Carnegie on a Saturday morning, every week we get people asking about the triathlon club; I can see why it's the fastest growing sport at the moment. We have about 40 athletes on the junior books [I hope I am not there the day everyone turns up] The last session before Xmas will be on the 1st December 07 and the first session back will be on 5th January 08.

The session on the 27th October is now a cycle / run session at Richard Dunn and not as advertised on the activities sheet.

Let's all keep the training up and see if LBT Juniors can keep on winning.

Do you want an LBT Hoody if so I am collecting orders so please email me with your size before 18th October?

If you are unsure of size try someone's on at Carnegie this Saturday. This will be the last order before Xmas.

The adult section of the club are putting together a skinfit kit order. If you want any LBT branded trisuits and training gear have a look at <http://www.lbt.org.uk/clubkit.aspx>. Some of the juniors have bought the kit and it looks great. Kid's sizes are available. Orders in by 21st October

The regional committee is organizing a winter duathlon series run / bike / run at Richard Dunn sports centre, each club in the area will run and marshal one event. The first event is on the 4th November and will be run by Holmfirth Harriers, All events will be entries on the day only and registration will be at noon. We will run the second race on the 16th December so I will be looking for volunteers to help out on the day. The races will be fairly low key; most people racing will be from the regional clubs. I think this is a good way to get used to racing and I hope lots of you will come along and support these events. The age groups will be different from BTA rules. See <http://www.holmfirthharriers.com/tri.htm> for more details