



# Leeds & Bradford Triathlon Club

## York's & Humber Race series



### A look back on April

With Easter eggs all eaten we are now moving very quickly on to the race series. Our race is the first and as I write this we have 115 entries for it. The aquathlon is proving to be very popular. The two trips to the climbing wall seemed to go down very well with the kids. It did look high, rather than me. We have been practicing transitions all this month so when the races start we should see our athletes flying through the transition areas. We are hoping for some good results this year as everyone has worked very hard. The hoodys have gone down very well and it is rumored that some kids haven't taken theirs off yet. Keep up the training and try to do some at home.

I think the race series is about complete, but I will inform you of any other races etc

There was a change of date for the York event and Wakefield Tri club are running a junior triathlon on the 10th June.

Entry forms and details are on [www.yorksandhumbertri.org.uk/events.htm](http://www.yorksandhumbertri.org.uk/events.htm)

Get your entries in early as I think most races will fill up quickly.

### Skinfit club kit

I have got the bag of samples for the skinfit race kit. The order has to go in on the 19th May so if you want to try the samples email me or catch me after one of the sessions. If you have a look on the lbt website we have got pictures of all the club kit. This first order will be subsidized so you will get quality kit at a great price. The delivery date will be July. I am putting together a hoody order also.

### Club message Board

We now have a junior section on the club message board. To view & post messages for other junior members to read you need to sign up and have a user name. to do this go to [www.lbt.org.uk](http://www.lbt.org.uk) and follow the link to the message board. Only club members can use the message board. It is a great way to find out what other members are doing and as coaches we can post tips

### Richard Dunn cycle races

British cycling are running a series of road races & time trials at RDCC over the summer. They are for junior riders between the ages of 8-15. You will need a road bike to compete, but it would be good to see some of you down there racing. I think they are on Wednesday nights.

For more details go to <http://www.bcyorkshire.co.uk/html/wryl.html>

### LBT Junior Aquathlon

The race is nearly full with lots of our own members racing. It is a great chance for us to show the other clubs what a good race we can put on. We are having a tea & coffee stall so any baking that we can sell will be most welcome. Just bring it along on the day. Please also volunteer to help out on the day. We need lots of marshalls to make sure the race is safe and well run. All profits from the race go back into the club

### Forthcoming Session

**12th May**

**NO Session**

**19th May**

**Swim / Run**

**26th May**

**No Session**