



Leeds and Bradford Triathlon Club Club Rules for Members

These rules may be amended from time to time at the discretion of the committee. All changes will be publicised to members. Serious disregard or breaches of these rules reported to the committee may result in the offending member being expelled from the club. The Club's disciplinary procedure will be applied.

General

1. Membership is conditional to acceptance of the Leeds and Bradford Triathlon club rules and code of conduct.
2. Membership of Leeds and Bradford Triathlon Club is only valid on payment of the appropriate membership fees.
3. Members agree to behave in a dignified manner and not do anything likely to cause offence and/or to bring the Club into disrepute
4. Members must abide by the rules and articles of British Triathlon and/or Triathlon England.
5. Members must have due regard for Health and Safety when attending training sessions or competitions.

Training and club organised activities:

Swimming

- 1) The local swimming pool rules must be adhered to.
- 2) Members must not enter water until appropriate number of lifeguards is in place for all swim sessions.
- 3) In **all** open water swimming situations members must make themselves aware of any specific dangers relating to their chosen location, behave responsibly and ensure reasonable safety cover is in place, prior to entering the water.
- 4) At LBT open water swimming sessions, attendees must read the specific rules applicable and sign up to abide by them.
- 5) Members must not swim in prohibited areas.

Cycling

- 1) Helmets must be worn on all club rides and/or sessions.
- 2) Cyclists must obey the Highway Code
- 3) Cyclists must be courteous to other road users.
- 4) Members are requested to be aware of the Country Code and respect its principles when cycling off road.

Running

- 1) Members must have due regard for pedestrians and other legitimate users of foot paths, roads and bridleways, and respect the rights and uses of the land.
- 2) Members are requested to be aware of the Country Code and respect its principles when running off road.

Competition

- 1) Members must be aware and obey all rules relating to the event they are competing in and compete in a sportsman-like manner.

- 2) Members are requested to compete in recognised club kit.

Club promotions and events

- 1) Membership of the club implies an obligation to assist, and/or volunteer, wherever possible.
- 2) Members are requested to avoid competing in organised LBT Club events unless they provide a replacement marshal or be willing to marshal pre or post their race, wherever possible.

Social events

- 1) Members agree to behave in a dignified manner and not do anything likely to cause offence and/or to bring the Club into disrepute.

Disciplinary procedure

- 1) Members are encouraged to report any disregard or breaches of the Leeds and Bradford Triathlon club rules and code of conduct to the committee.
- 2) Any member or members reporting such behaviour to the committee has the right to remain anonymous providing their claims can be substantiated to the satisfaction of the committee.
- 3) The committee must convene at least three members of the committee of which one must be the chair or vice chair, within one week of receiving a report or complaint.
- 4) Any report or complaint against any member or members must be treated as confidential information, until such time as the committee deem the overall interest of the membership has been compromised.
- 5) Any member or members subject to a report or complaint will be advised by the committee such a report or complaint has been received and is under investigation. The committee may request the attendance of relevant members where such attendance is deemed necessary in providing a fair and balanced outcome.
- 6) The committee has the right to take appropriate and reasonable action to enforce club rules.
- 7) Serious disregard or breaches of these rules reported to the committee may result in the offending member being expelled from the club.
- 8) Frivolous or Malicious reporting of members to the committee may result in action being taken against the offending member.

Forum.

- 1) All content must be legal.
- 2) Member's views and comments expressed on the forum do not represent anything other than the view or comment of the person posting them; either directly or by implication.
- 3) Members agree to post and or reply in a dignified manner and not express views or comments likely to cause offence and/or to bring the Club into disrepute.
- 4) The LBT web master has the authority to edit or remove any material deemed by the committee as comments likely to cause offence and/or to bring the Club into disrepute.
- 5) To help protect your privacy, members are advised not to include any personal information (for example, your address, email, phone numbers, or credit card information).
- 6) Advertising or endorsement of any service or product is only permissible in the members services section and after it has been shown to the satisfaction of the committee that such a product or service provides a clear advantage to members not attainable elsewhere.
- 7) Only bona fide members can post articles for sale.